

# easy rider training



## Welcome to Wales

- Unsafe riding will not be tolerated you are responsible for your own actions. This includes being caught for speeding, reckless driving or driving without due care and attention. Saying you were trying to keep with the group will not excuse you from the afore mentioned. The group will not leave you.
- Do not ride beyond your ability; this is a tour not a race!
- Do not make overtakes on slower moving vehicles unless you are sure it is completely safe.
- Don't allow the scenery to distract you from your riding.
- The last rider in the 1st group must wait at the junction until the 2nd group arrives before they proceed.
- Everyone must refuel to the brim at fuel stops (there is a gap of 125 miles max between them). These fuel stops are toilet breaks please use the toilet regardless as there maybe no other stops planned between these points. Failure to do so will result in a bursting bladder and a reduction in riding skill and concentration!
- Fuel/toilet stops are 30 minutes approx, which allows us enough time to refuel go to the toilet have a snack, refreshment and a smoke (if you do) within that time.
- Lunchtime is at 1pm'ish, and is 1 hour 30 minutes approx.
- Dipped headlights must be used at all times, if you're in the 2nd group and you need to stop for whatever reason; then turn off your headlights and put on your hazard warning lights this will give a visual indication to the person in front that you have a problem, then find somewhere safe to pull in. Check your mirrors randomly to ensure the rider behind you is still there. Your group will stop further up; if you do not regroup then a group leader will return to your location after 10 minutes have elapsed.
- If in the unlikely event you lose the group altogether either through a town or at a junction, stop turn around and go back to the location where you were riding with the group and wait for your group leader.
- Speed limits in towns must be obeyed.
- Your position in the group must be maintained. No overtaking between group members is allowed. The pecking order will be decided amongst participants of the tour when we stop for breaks.
- Road signs in Wales are appropriately placed, this means if you see a warning sign for a bend react by reducing your speed and changing down a gear or two before entry to the bend. If you see ARAF (Welsh for SLOW) painted on the road surface again react the same way. A combination of the two warnings can mean 'it's real tight!' Not all bends are signed, so be warned; judge your own entry speed to a bend.

I understand and fully accept the terms and conditions of this tour:

Name.....

Signed.....

- Dual carriageway speed limit on the A55 (20 miles) from and to Holyhead is 70mph, which is 120kph. The National speed limit is 60mph, which is 100kph
- If you're on medication please inform your tour guide as to how often you need to take it.